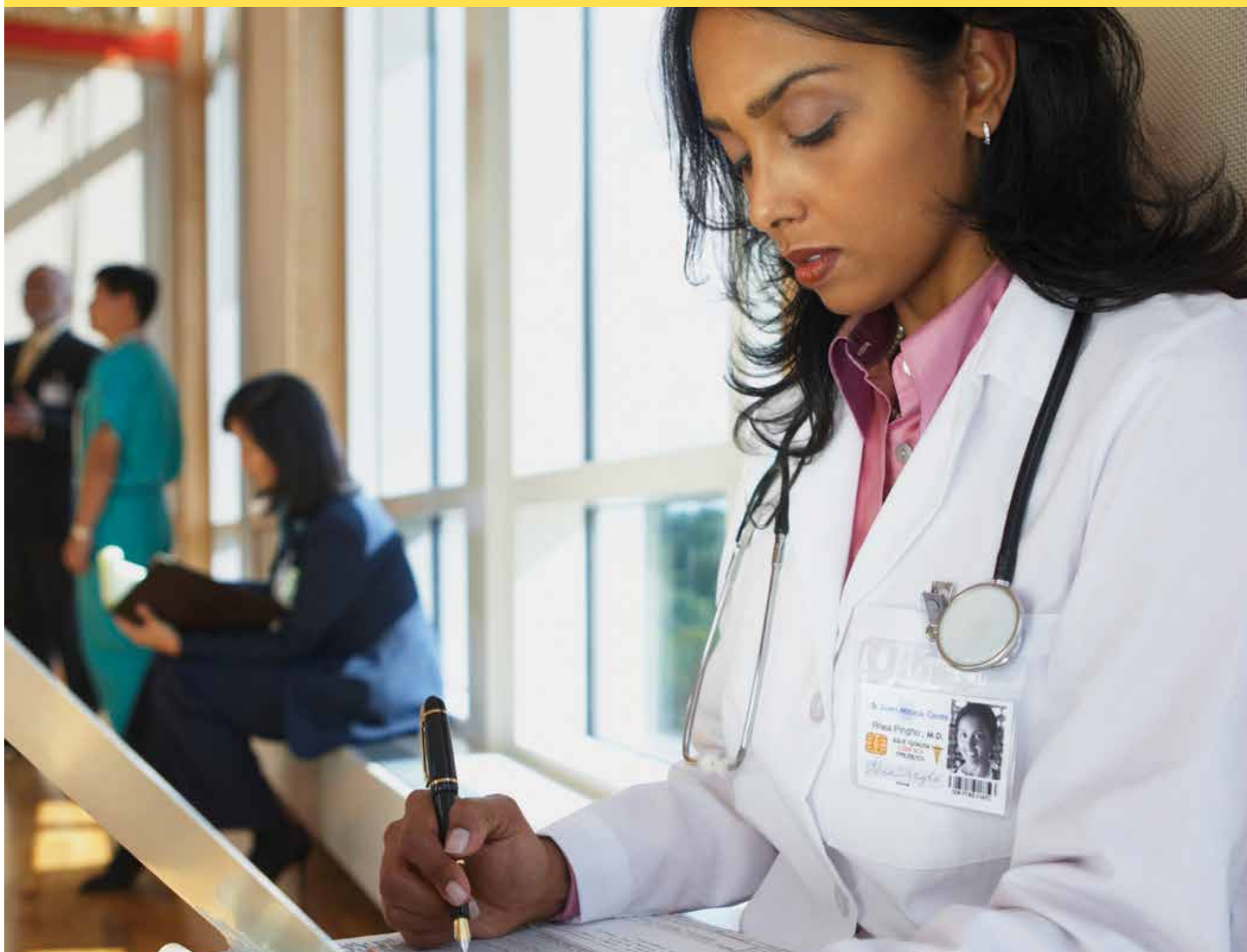


Have you been involved in a critical incident? *Upset? Angry? Worried?*



**Do not shut it in. You are not alone.
Support is available.**

- Talk to your manager.
- Contact your union, your benefits plan and/or your professional association.
- Call Klinic Community Health, 204-788-8222 or 1-833-788-8222
Lines open 24 hours/day.



For more information, contact:



**MANITOBA INSTITUTE
FOR PATIENT SAFETY**



Refer to your organization's policy and your profession's code of ethics.

Adapted with permission from: Australia Commission on Safety and Quality in Health Care; Health Quality Council of Alberta; and British Columbia Patient Safety & Quality Council

Rev.1 March 2018